

Phase One
(Learning Phase)
Promotion Worksheet

Major General John Curry
Achievement

01
Airman

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Wingman Course</i>	<i>Complete the Wingman Course through the Learning Management System in e-Services</i>					
<i>Aerospace Education</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Character Development Forum</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase One
(Learning Phase)
Promotion Worksheet

General Hap Arnold
Achievement
02
Airman 1st Class

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	Number Correct:	Total Number of Moves:				
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase One
(Learning Phase)
Promotion Worksheet

Mary Feik
Achievement
03
Senior Airman

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase One
(Learning Phase)
Promotion Worksheet

Wright Brothers
Mile Stone Award
Staff Sergeant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Character Development Forum</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Two
(Leadership Phase)
Promotion Worksheet

Captain Eddie Rickenbacker
Achievement
04
Technical Sergeant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Two
(Leadership Phase)
Promotion Worksheet

Charles Lindbergh
Achievement
05
Master Sergeant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	Number Correct:		Total Number of Moves:			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Two
(Leadership Phase)
Promotion Worksheet

General Jimmy Doolittle
Achievement
06
Senior Master Sergeant

1. Last Name, First Name, Middle Name		2. CAP ID Number	
3. Current Grade		4. Date Joined CAP	

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	Number Correct:		Total Number of Moves:			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Two
(Leadership Phase)
Promotion Worksheet

Dr. Robert Goddard
Achievement
07
Chief Master Sergeant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA / Speech / Essay</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Two
(Leadership Phase)
Promotion Worksheet

Astronaut Neil Armstrong
Achievement
08
Chief Master Sergeant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>				<i>N/A</i>	<i>N/A</i>
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA / Speech / Essay</i>	<i>For the Speech and Essay, please make arrangements to have either the DCC or CC present</i>					
<i>Mentor</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Two
(Leadership Phase)
Promotion Worksheet

General Billy Mitchell
Mile Stone Award
Second Lieutenant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Drill Test</i>	<i>Number Correct:</i>		<i>Total Number of Moves:</i>			
<i>SDA</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Participation</i>	<i>Has the Cadet Attended the Basic Encampment?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Three
(Command Phase)
Promotion Worksheet

Flight Commander
Achievement
09
Second Lieutenant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	No Requirement				N/A	N/A
<i>SDA</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Mentor</i>	<i>Did The Above Named Cadet Mentor Another Cadet?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Three
(Command Phase)
Promotion Worksheet

Administration Officer
Achievement
10
First Lieutenant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Mentor</i>	<i>Did The Above Named Cadet Mentor Another Cadet?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Three
(Command Phase)
Promotion Worksheet

Public Affairs Officer
Achievement
11
First Lieutenant

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	No Requirement				N/A	N/A
<i>SDA</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Mentor</i>	<i>Did The Above Named Cadet Mentor Another Cadet?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Three
(Command Phase)
Promotion Worksheet

Pilot Amelia Earhart
Mile Stone Award
Captain

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Mentor</i>	<i>Did The Above Named Cadet Mentor Another Cadet?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

Leadership Officer
Achievement
12
Captain

1. Last Name, First Name, Middle Name		2. CAP ID Number
3. Current Grade	4. Date Joined CAP	

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Instruct</i>	<i>Did The Above Named Cadet Instruct?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

Aerospace Officer
Achievement
13
Captain

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	Sit & Reach:	Curl Ups:	Push Ups:	Mile / Pacer:		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Instruct</i>	<i>Did The Above Named Cadet Instruct?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

Operations Officer
Achievement
14
Major

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Instruct</i>	<i>Did The Above Named Cadet Instruct?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

Logistics Officer
Achievement
15
Major

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Instruct</i>	<i>Did The Above Named Cadet Instruct?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

Cadet Commander
Achievement
16
Major

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>Be sure you have signed in on the Instructors Sign In Sheet, or have the Instructor record participation in e-Services</i>					
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service</i>	<i>Arrange to Present The SDA to the DCC or CC. A Sit Down Meeting To Review SDA Will Occur.</i>					
<i>Instruct</i>	<i>Did The Above Named Cadet Instruct?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

General Ira Eaker
Mile Stone Award
Lieutenant Colonel

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Aerospace Education Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Character Development Forum</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>SDA / Staff Service / Speech / Essay</i>	<i>Present The SDA / Speech / Essay to the DCC or CC. A Sit Down Meeting To Review All.</i>					
<i>Leadership</i>	<i>Did The Above Named Cadet Attend the Leadership Academy?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date:

Phase Four
(Executive Phase)
Promotion Worksheet

General Carl A. Spaatz
Mile Stone Award
Colonel

1. Last Name, First Name, Middle Name	2. CAP ID Number
3. Current Grade	4. Date Joined CAP

ACHIEVEMENT REQUIREMENTS

<i>Item</i>	<i>Result / Grading Criteria</i>				<i>Date Completed</i>	<i>Staff Initials</i>
<i>Uniform</i>	<i>Member possesses a complete CAP Uniform IAW CAPM 39-1</i>					
<i>Physical Fitness Test</i>	<i>Sit & Reach:</i>	<i>Curl Ups:</i>	<i>Push Ups:</i>	<i>Mile / Pacer:</i>		
<i>Leadership Test</i>	<i>Complete the required Leadership Test through the Learning Management System in e-Services</i>					
<i>Aerospace Education Test</i>	<i>Complete the required Aerospace Ed. Test through the Learning Management System in e-Services</i>					
<i>Character Development Forum</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Drill Test</i>	<i>No Requirement</i>				<i>N/A</i>	<i>N/A</i>
<i>Essay Exam</i>	<i>Set Up A Meeting With DCC or CC For This Exam</i>					
<i>Participation</i>	<i>Did The Above Named Cadet Participate Actively?</i>					
<i>Cadet Oath</i>	<i>Recite from Memory</i>					

Signature and Grade of Flight Commander	Date:	Signature and Grade of Cadet Commander	Date:
Signature and Grade of Deputy Cmdr. Of Cadets	Date:	Signature and Grade of Squadron Commander	Date: